

# BOUDOIR DAY SPA

The latest  
beauty  
trends  
every  
month!



## Lash out!

Do you ever flick through magazines and envy those beautiful models with the eyelashes to die for? If you want to know the secrets of having beautiful, dark and visible eyelashes, call the professionals at Boudoir.

Eyelash perming is a fantastic treatment, when combined with an eyelash tint can transfer your eyes from normal to sassy! So throw away your lash curler and treat yourself to this wonderful treatment with Hitomi or Midori our Boudoir eyelash specialists.



The avocado is not only rich in potassium and vitamin A, it is also traditionally used to heal skin problems. You can also soften your body with this wonderful fruit. Just take a ripe avocado, remove the pit and skin, and mash it up in a bowl. Slather it all over your body, let it sit for 20 minutes, then rinse off. Your skin will be so soft — avocado is a natural moisturizer. You can also use the flesh of a ripe avocado to sooth sun burnt skin. Just cut the fruit in half and rub it gently over affected areas.



## Eyes or lips?

If you want to look gorgeous on a big night out, just remember this one simple beauty rule: Don't play up both the eyes and lips. Choose one feature to stand out you don't risk looking like a reject from the 80s!

If you choose to play up your eyes with s smoky dramatic look, using eyeliner and false eyelashes, then stick to a natural shade or lip -gloss to enhance your lips. You want your eyes to smolder and get all the attention, not compete with your lips.

If on the other hand its your lips that you want in the spotlight, then you can go for a red lipstick and get that Hollywood glamour feel to the look by adding a bit of lip gloss. Your eyes only need a line just on your upper lashes with a couple strokes of mascara to finish your eyes.